#### Personal data:

Name: Amjad Najeeb Yousif Al-Mdanat

Place of work: Mutah university Faculty: Sports Sciences

Department: sports training Rank: Prof

Date of appointment: 27/10/1996

Date and place of birth: Al-Karak, 12/4/ 1964 Address in Jordan: Al-Karak- Al-Wasiyah P.O. Box: Al-Karak (7), Mutah university

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### **Educational qualifications:**

- Ph.D. in Physical Education- the Russian Public Academy for Physical Fitness (1996), a fellowship at the expense of Mutah university.
- A higher diploma and a bachelor degree in Sports Training/ Basketball- the university of Lizqift- Leningrad- Russia, (1987), a fellowship at the expense of Mutah university.

#### **Fellowships:**

- A fellowship at the expense of the Ministry of Education to study the bachelor degree and M.A. in Physical Education/Russia, 1982-1987.
- A fellowship at the expense of Mutah university to study Ph.D. in Physical Education/Russia, 1993-1996

### **Practical experiences:**

#### **Mutah university:**

- Member of the Board of Trustees of Aqaba University of Technology 02/6/2022
- A member of the board of trustees in Al-Isra' University (2010-2018).
- A member of the administration of the higher council for the Youth as a representative of the deans of the faculties of sports sciences in the kingdom, 2012.
- A dean of the faculty of sports sciences from (22/11/2009) to (31/8/2013).
- A vice-dean for students' affairs from (31/8/2005 31/8/2007).
- The deputy dean for the students' affairs (2006) during the dean's vocation.
- The head of the department of sports training/ the faculty of Sports sciences from (1/9/2000) to (31/8/2001).
- The Dean assistant in the faculty of sports sciences from (31/8/1999) to (31/8/2000).
- The Dean of the faculty of sports sciences since 31/8/2017 up to now.
- A member of the committee of hiring and promotion at Mutah university (2018-2019).
- The head of the second international scientific conference of sports sciences and health, 2019.
- The head of the committee of quality assurance in the faculty of sports sciences which obtained the golden level from the committee of accreditation and assuring the quality of Higher education institutions.
- The head of the committee of the accreditation specified for the specialty of physical education/ bachelor degree syllabus at the University of Jadara- the Commission of the accreditation of Higher education institutions and the assurance of their quality.
- A member in the board of trustees at Mutah university, 2020-2021.
- A member of the committee of pursuing specialties (the faculty of Physical Education and Sports Sciences, Queen Rania for Tourism and Antiques, natural and environmental resources at the Hashemite University) in the committee of the accreditation of Higher education institutions and the assurance of their quality 2021.

#### **Courses:**

- A training course in basketball (third class) the University of Yarmouk.
- An international training course in basketball- Amman.
- An international training course in basketball for West Asia Lebanon.
- An international training course in tablet tennis, Amman.
- An international training course in handball- the Association of the Jordanian Universities Amman.
- An international training course in basketball- Moscow.
- (ICDL), the international computer driving license.

#### **Conferences and seminars:**

- The second conference of sports innovation (5-6- 2011), the faculty of Physical Education, the University of Jordan in cooperation with the award Office of Prince Mohammad bin Rashid Aal Maktoum.
- A member in the committee of the fourth scientific conference of the faculty of sports sciences at Al-Yarmouk University and the second for the Association of the Arabic faculties and departments of physical education, the University of Al-Yarmouk (27-28/4/2011).
- A member in the association of Jordanian academics, 2011.
- A member of the higher organizing committee/ the conference of Sports innovation / the faculty of Physical Education- the University of Jordan, 2010.
- The regional conferences for developing the sport of women table tennis, held in Amman during (30/11 4/12 2003).
- The first scientific sports conference for the association of the Arabic faculties of Education, on 14/8/1999.
- A seminar entitled "reality and aspirations" in the governorate of Maan, on 17/12/1996.
- The sixth scientific international conference for sports sciences, health and humans, Saint Petersburg- Russia, 2019.
- The first international scientific sports conference, "towards an active community to develop health and performance", during 14-15/5/2008, Jordan, the Hashemite University.
- The sixth sports scientific conference " sports and development, a prospective view towards the third millennium", during 28-30/4/2009, the University of Jordan.
- A member of the Higher organizing committee/ the conference of sports innovation/ the faculty of Physical Education the University of Jordan, 2011.
- The fifth international scientific sports conference between reality and ambition, during (3-4/4/2013).
- The head of the conference of the faculty of sports sciences, held during (22-24/7/2019) under the title " the second international conference for sports sciences and health".

#### **Rewards:**

- A certificate of appreciation from the staff of Al-Dostour newspaper as the best coach in the governorate of Al-Karak.
- A certificate of appreciation from prince Al-Hassan Ibn Talal for the Youth activities.
- An honor shield from prince Faisal bin Al-Hussein- the member of the executive Committee and the competitions' Committee in the Arab Sports' Championship, Al-Hussein Championship, 1999.
- A Royal watch from Princess Tharwat as an appreciation for the results achieved by the national team of badminton in the third Arab championship-Lebanon- 21/4/2000.
- An honor shield for Al-Hassan award for the youth, 2005.
- The level of the golden level from the committee of accreditation of the institutions of Higher education and the assurance of their quality, 2019.
- The certificate of the distinctive faculty among the humanitarian faculties at Mutah university, 2019.
- A certificate for the best voluntary societal work at Mutah university, 2019.
- A reward for the best academic material file for the faculty of sports sciences, 2019.
- The third international scientific conference for the faculty of Physical fitness and sports science in the University of Tripoli/ Lybia, 2020.

#### Committees and activities:

- The head of the committee of accrediting the institutions of higher education and assuring their quality to ensure the implementation of a accreditation standards by the faculty of Physical Education in the University of Jordan.
- A member in the committee of hiring and promotion at Mutah university, 2013.
- A member in the high organizing committee for the second conference of sports innovation (5-6/10/2011), the faculty of Physical Education./ the University of Jordan.
- A member in higher organizing committee for the nineteenth Arab championship for men and ninth Arab championship for women for beach volleyball. 2010.
- A member in the committee of editing Mutah journal for researches and studies / the series of social and human sciences, 2008.
- The head of the Jordanian delegation participating in the Arab championship of badminton in Lebanon, 2000.
- The head of various committees in the faculty of sports sciences at Mutah University- introducing a number of lectures and seminars in physical education in the governorates of the south.
- The vice-president of the Jordanian federation of badminton, (6/3/1999 1/11/2000).
- A member in the executive Committee and the Committee of competitions in the ninth Arab Sports championship, Al-Hussein championship, 1999.

- A member in the board of Mutah university, 2004/2005.
- Jordan's former champion in table tennis in 1981.
- The head of the committee of scientific research/ the faculty of sports sciences- Mutah university, 2008.
- The head of the south's Committee of table tennis in 2006.
- A member in the board of higher studies at Mutah university, 2002/2003.
- A member of several committees to discuss the master theses/ the University of Yarmouk, 2001.
- A member of several committees to discuss Ph.D. and master theses/ the University of Jordan.
- A member in the consultation committee for the center of Al-Karak Youth, 31/10/1999.
- A member in the South Committee of table tennis.
- A member in the committee of preparing the sports festival in Al-Karak governorate.
- A supervisor and a residential in Prince Al-Hassan bin Talal Award, 1988-2001.
- A member of the committee of preparing the players derived from the Olympic Committee, 1999.
- A coordinator between the Jordanian federation and the Arabic federation of badminton, 19/5/1999.
- A member in the committee of the international relationships of the Arabic federation of badminton, 2000.
- A former national player in table tennis.
- The coach of Al-Karak club and Mutah university club for basketball and table tennis for several years.
- A coach of the basketball team/ females and table tennis/ males for the federation of the Jordanian Universities.
- The championship of the second-class clubs in basketball/ Jordan as a coach for Al-Karak club.
- A lecturer in the center of preparing leaders and a first-class coach in basketball.
- A supervisor of the sports activities in the Model School/ Mutah university, 2001-2002.
- A member in the higher preparatory committee for the preparation and participation in the tenth Arab Sports championship in Algeria in 2003.
- An academic sabbatical leave in the University of Al-Yarmouk, 2003/2004.
- The head of the committee of health insurance for the students of the civil wing, 2004-2005.
- A member in the committee of the cultural season at Mutah university, 2006.
- The head of the committee of violations committed by civil students at the University, 2005/2006.
- The head of the committee of preparing information about the deanship of students' affairs, 2005/2006.

- The head of the committee of the processes of poling and vote counting for the elections of foreign students' club, 2005/2006.
- The head of the committee of investigations about a violation during the graduation of the sixteenth group of civil wing students.
- A member of the disciplinary council for the civilian students in the university, 2005/2006.
- A member in the committee of setting a comprehensive conceptualization about the participation of the University students in celebrating the 25<sup>th</sup> anniversary of establishing the University, 2005/2006.
- A member in the committee of advocating and supporting the sports and youth movement in Al-Karak governorate (2006).
- A member in the higher committee supervising the preparation of the annual book (2006/2007).
- A member in the technical committee of coaches in the center of preparing the youth leadership/ the higher council of youth, (2008- 2012).
- A committee decision-maker in the sixth sports scientific conference (sports and development with a prospective view towards the third millennium 28-30/4/2009, the University of Jordan.
- A member in the committee of developing an ethical code for the University students (2010).
- An academic sabbatical leave- the University of Jordan, 2015-2016.

#### **Letters of thanks:**

- A letter of thanks from the head of Mutah university for volunteering to teach (3) credit hours for free in 2010.
- A letter of thanks from the head of Mutah university for volunteering to give a free course in basketball for the teachers of Al-Qasir directorate of education, 11/7/1999.
- A letter of thanks from the general director of education in Al-Karak governorate, 17/9/1997.
- A letter of thanks from the manager of Maan governorate Youth for participating in the success of the seminar (reality and aspirations), 17/12/1996.
- A letter of thanks from the head of Mutah university and the dean of students' affairs for leading several committees of sports' superiority in 1999- 2000.
- A letter of thanks from the director of education in the District of Al-Qasir for giving a training course in basketball for the male and female teachers of Physical Education in the District of Al-Qasir.
- A letter of thanks from Al-Shihabiya club for helping them in establishing a championship at the South level in table tennis.
- A letter of thanks from Al-Karak club for supervising the trainings of the club's team for basketball and achieving the first place in second-class clubs.
- A letter of thanks from the dean of students' affairs for helping in planning the sports courts of the female students' residency inside the University, 1999.

- A letter of thanks from the head of the higher council of the Youth for the exerted efforts in the Jordanian Olympic committee (2004/2005).
- A letter of thanks from the Dean of the students' affairs-the students' Union at Mutah university, 2006.
- A letter of thanks from the head of Mutah university, Dr. Prof. Suleiman Arabiyat, 2007.

# A list of the titles of the scientific researches that are published and accepted for publishing which were introduced for the promotion to the rank of associate professor:

- Evaluating the performance of the national team of basketball in the ninth Arab championship held in Amman in 1999, accepted for publishing in Mutah journal for researches and studies (Vol. 16), Issue (4/2001).
- Analyzing the students' motivation towards learning volleyball according to (SMS) model, a field study in Mutah university, accepted for publishing in Mutah journal for researches and studies (Vol. 16), Issue (4/2001).
- The attitudes of the students of Mutah university towards practicing sports activities. Accepted for publishing in the first scientific sports conference for the association of the Arab faculties of Physical Education on 14/8/1999.
- The kinematic analysis for the backhand drive stroke and the spiral back stroke among the players of table tennis in the south of Jordan, Mutah journal for researches and studies (Vol. 15), Issue (1/2001).
- Measuring some biological functions and the ratio of fat and their relationship with physical fitness among the players of basketball. Mutah journal for researches and studies (Vol. 15), Issue (1/2001).
- Investigating the problems that may face school sports in the governorates of the South Region from the perspective of male and female teachers of Physical Education. Mutah journal for researches and studies. Issue (4), on 25/11/1998.
- The impact of a proposed training program using feedback on developing speed and skilled performance in basketball among the students of the department of physical education at Mutah university- Jordan, published in Al-Yarmouk research journal on 20/7/1998.
- Comparing three different ways of proposed trainings to develop the legs' explosive power among the players of basketball, published in the journal of the University of Jordan's studies, 2001.
- The most common sports injuries among the players of the national products of racket games (table tennis, racket tennis, Squash, badminton)-accepted for publishing, the scientific journal (sports sciences and arts), Helwan University- the faculty of Physical Education for girls, published on 8/5/2001.

# A list of the titles of the scientific researches that are published and accepted for publishing which were introduced for the promotion to the rank of professor:

- The impact of a training program for physical fitness accompanying the teaching of the course of basketball on the psycho-motor domain among the students of the faculty of Physical Education/ Al-Yarmouk University, published in the scientific journal specialized in physical education on 9/3/2005.
- The impact of using various types of motivations on the level of motivation towards skilled performance in basketball, a field study. Published in Al-Yarmouk research journal on 17/11/2003.
- The causes of low performance among the school sports teams in the schools of Al-Karak directorate of education from the perspective of the teachers of Physical Education. Published in the journal of sciences and arts of sports, the faculty of Physical Education for girls, the University of Helwan, on 1/1/2004.
- Developing criterion tests to evaluate the performance of players in basketball- published in the scientific journal specialized in physical education on 10/5/2005.
- Job Satisfaction among the faculty members in the faculties of Physical Education in Mutah university and Al-Yarmouk University- published in the scientific journal specialized in physical education on 10/1/2005.
- The impact of learning basketball in the courses of the faculty of Physical Education on improving the educational skills among the students of field training- accepted for publishing on 25/3/2006, Al-Yarmouk University.

## A list of the titles of the scientific researches that are published and accepted for publishing after the promotion to the rank of professor:

- The effect of using distance e-learning on improving the level of knowledge outcome in the course of sports injuries among students of the Faculty of Sports Sciences at Mutah University / Journal of University of Jordan Studies 04/2023
- PSYCHOLOGICAL STRESS LEVEL AMONG FOOTBALL REFEREES IN LIGHT OF MASSES ABSENCE DUE TO THE COVID-19 PANDEMIC / REVISTA IBEROAMERICANA DE PSICOLOGÍA DEL EJERCICIO Y EL DEPORTE 06/2023
- The level of psychological energy and its relationship to the performance of some basic skills in handball among young players in Jordan / Journal of University of Jordan Studies 09/2023
- The impact of using an educational software on the level of skilled performance for shooting from fixation in basketball- accepted for publishing on 18/4/2011, Mutah university / Mutah journal for researches and studies.
- The impact of variation of training methods on the time of performance using crawl swimming on abdomen- accepted for publishing on 14/9/2008-the University of Jordan, the journal of Studies.

- The reality of new lesson plans that include the skills of creative thinking among the students of Physical Education at the University of Jordan, the second conference of sports innovation- the University of Jordan, the faculty of Physical Education, 5-6/10/2011.
- The impact of a proposed training program using plyometric training on developing some motor and physical skills among the junior footballers.
- Obstacles Against the Educational Supervision As Perceived by Teachers of Physical Education in District of Southern Mazar Euro Journals Volume 23 Issue 4 London.

#### **References:**

#	Name	Mobile phone	Job
1	His Excellency Dr. Prof.	00962-95533953	A Former Minister
	Mohammad Khair Mamsar		
2	Dr. Prof. No'man Al-Khateeb	00962-9-9177771	The president of Al-Isra'
			University
3	Dr. Prof. Ziyad Al-Kurdi	00962-9-5516246	The Vice-President of Al-
			Yarmouk University